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OCTOBER 8
 National Depression Screening Day



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Calgary Counselling Centre

Mom guilty of killing daughter

CRIME A Calgary woman has been found guilty of manslaughter for strangling her 14-year-old daughter with a scarf after a judge ruled there was no evidence she was acting in self-defence.

Aset Magomadova had originally been charged with second-degree murder after her only daughter, Aminat, was found dead in the family's home.

Crown prosecutor Mac Vomberg argued it was obvious the woman meant to kill the girl because she would have had to apply pressure for several minutes to strangle her.


Magomadova, a Chechen immigrant, testified she couldn't remember how long she tightened the scarf around her daughter's neck.

THE CANADIAN PRESS

News on the Move

What's this barcode for?

Learn how to scan the barcode with the instructions at the top of pg 3



Comment pg 8

Embrace the turkey dump

Celebrity Buzz pg 22

Trouble for Brad, Angie?



On the web

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Grieving mother Previnia Jiawan-Gautreau and Lee Morrison address the media after the sentencing of Daniel Tschetter, who was found guilty of manslaughter and obstruction of justice after five people were killed in a December 2007 vehicle crash.

Tschetter sentenced

Truck driver to serve 5½ years for crash that killed 5 people

A man whose toddler son was killed when a cement truck smashed into the back of a car says an eight-year sentence for the driver means that in some small way his boy's voice has been heard.

Daniel Tschetter, 51, was behind the wheel on Dec. 7, 2007, when Zachary Morrison died along with two other children and two adults.

A judge sent Tschetter to prison yesterday for manslaughter and obstruction of justice. Reductions given by the judge mean Tschetter will ultimately serve no more than just

over 5½ years.

Outside court, Lee Morrison said no sentence could ease the pain he feels every day since 16-month-old Zachary's death, but it does send a message that criminal driving won't be tolerated.

"We've made some steps forward," he said as he clutched a picture of his smiling, blond boy that was hanging around his neck. "I think there's a long way to go yet so people just don't do these things."

Judge Bruce Fraser said Tschetter's driving was "extremely dangerous becoming absolutely reckless and

negligent." He said the driver deserved a sentence in the high range for manslaughter.

Tschetter had been speeding along a Calgary highway for 20 kilometres. Witnesses testified his massive truck swerved, abruptly switched lanes and sometimes passed vehicles on the shoulder before it slammed nearly at full speed into a car stopped at a red light.

After demolishing the car, Tschetter climbed a ladder to toss a vodka bottle into the back of his truck, witnesses said.

Zachary, his mother

Melaina Hovdebo, 33; Chris Gautreau, 41; and Gautreau's two daughters, Alexia, 9, and Kiarra, 6, were all killed.

Previnia Jiawan-Gautreau, Gautreau's wife and mother of the dead girls, cried as she said she would never feel their soft touches, warm hugs or gentle kisses again.

Outside court, Jiawan-Gautreau said she felt numb after hearing Tschetter's sentence.

"I don't know. It doesn't change anything. It doesn't change the fact that he took away five lives."

THE CANADIAN PRESS

City cracks down after more debris falls at sites

KRISTA SYLVESTER
krista.sylvester@metronews.ca

SAFETY Enough is enough. The City of Calgary's building inspector has a stern warning for construction worksites after two more incidents of falling debris occurred on Monday, including one caught on video and posted on YouTube.

"We're very concerned and we will no longer tolerate these incidents. We will not continue to see this happen," building inspector Kevin Griffin said, adding the city is working with the industry to impose stricter safety regulations.

"It is the responsibility of the workplace owners and operators to ensure the safety of the public."

The city issued a stop-work order at a construction site after reviewing the YouTube video of the incident in Spruce Cliff in the city's southwest, where a plywood sheet was caught in the wind and blown 15 storeys to the ground during Tuesday's windstorm. In total, three pieces crashed to the ground.

"We're not sure if the materials were tied down or came loose, but that is part of the investigation."

A separate incident involved a sign falling from a building the same day.

Occupational Health and Safety is continuing the investigation.

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¹ This offer is available to customers 19 years of age or older who open a new personal Canadian dollar chequing account. Individuals who have an existing chequing account or had one that was closed after August 1, 2009 are not eligible. Other conditions apply. Limit of one cash bonus per customer and per joint account. Cash bonus will be deposited to the account by March 31, 2010 if all conditions have been met. ² Limit one free gift per household upon new clients' (only) completion of a one-hour retirement consultation with TD Waterhouse Financial Planning, TD Waterhouse Private Investment Advice or TD Waterhouse Private Client Services. The gift will be delivered 6-8 weeks after completion of the initial conversation.

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Local



Er, what's up at the symphony?

The Calgary Philharmonic Orchestra is partnering with Warner Brothers to provide the live soundtrack for Bugs Bunny, Elmer Fudd and the whole cartoon gang with cartoons projected at the Jack Singer Concert Hall on Friday and Saturday. For more information visit calgaryculture.com

METRO CALGARY



New Online

Family matters

Everyone hates lawyers — until they need one for a divorce, says our new family law columnist Brahm Siegel. He makes his case for taking legal advice at metronews.ca/familymatters

Calgary tweets

- @donnamct Strange weather in Calgary — drove from SE to NW, first snow, then sun, then heavy snow (reduced visibility), then sun, back 2 snow! #yyc
- @ctong16 snow. sun. snow. sun. hail. snow. sun. snow... make up your mind already! stupid calgary weather. i pick sun. but that's just me.
- @wongscience I've seen five different styles of snow out my window, in two rotations every hour. The weather is the least boring thing about Calgary!
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Calgary sheds cowboy, goes chic

Inaugural fashion week set to blow away city stereotypes

KRISTA SYLVESTER
krista.sylvester@metronews.ca

Paris. Milan. N.Y.C. Toronto. And ... Calgary?

That's the recognition organizers hope for after launching the inaugural Alberta Fashion Week this week right here in Calgary.

David Robert Politi, director of the Oct. 4 to 10 event, said despite the sometimes-deserving stereotype that Calgary is the ultimate Cowtown, he believes the city is actually very fashionable.

"People do have the perception that Calgary is cowboy boots and hats because when they come here in the summer, that's what it is, but we're trying to change that perception," Politi explained.

"Calgarians actually have a lot of fashion sense, and we have a great downtown and great people who like to spend



The Alberta Fashion Week team gets the scoop on what's in and out in the world of fashion as designers show off their 2010 spring/summer lines from Oct. 4 to 10.

money on clothing."

Which is part of the reason why he feels Alberta Fashion Week is so important — the province is

continually losing talented designers to bigger markets like Vancouver and Montreal.

Calgary high school stu-

m.metronews.ca



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dent and aspiring designer Ashley Waite, 17, said that she is excited about the prospect of having more fashion shows in the city.

"I love this city and I think it would be nice to see some up-and-coming designers in the city that I can look up to," she said.

Lael Osnes, Jennifer Shepherd, Hali Sweet and Caitlin Power, all Calgary designers, will be featured at a fashion show tonight at The Banke on Stephen Avenue at 7 p.m.

For more information visit albertafashionweek.ca.

Keep yourself and city safe, urge officials

COMMUNITIES Be visible.

That's the national theme for Safe Communities Day, proclaimed in Calgary yesterday by Ald. Bob Hawkeswood, during International Safe Communities Week.

Safety officials are encouraging Calgarians to be visible in their communities by wearing safety vests, reflective bands, helmets and lighting devices when needed.

"Statistics are showing that as cities become busier, (with) more traffic congestion, more commuters, there's potential for more conflict," said Calgary Fire Department safety co-ordinator Garth Rabel.

The World Health Organization designated Calgary as a Safe Community in 2003, and it is one of the largest communities in the world to have the designation.

DARREN KRAUSE/METRO CALGARY

Stelmach to deliver TV address next week

Alberta Premier Ed Stelmach has scheduled a 20-minute television appearance for Wednesday, Oct. 14 to lay out his plan to see the province through its current economic tough times.

"The premier will be giving Albertans a very good sense of the next phase in Alberta, how the current

economic situation will be addressed and what steps will be taken to put the province back in a situation where it can return to growth," said Tom Olsen, the premier's spokesman.

Alberta has seen wild swings in its public accounts over the last year. After years of deliriously large

surpluses, the province now expects a \$7-billion deficit, largely caused by drops in energy prices.

The address comes at a difficult time for Stelmach. His party recently lost a byelection in a previously secure Calgary seat. As well, he has seen criticism from long-time party members and for-

mer cabinet members — almost unheard of in Alberta's carefully disciplined Progressive Conservative party.

He also faces a mandatory leadership-review vote on Nov. 7.

Alberta taxpayers will foot the bill for the television address.

THE CANADIAN PRESS

metronews.ca
What's online today.

Video Ontario government 'should have known' about scandal at eHealth, McGuinty says, at metronews.ca/canada

Lotteries

Lotto 6/49: 2, 4, 12, 24, 36 & 38. Bonus 16. These results are not official.

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A British Columbia woman suffering from the H1N1 flu died in a Calgary hospital on Tuesday, one day after being transported to the hospital. The death will be considered a B.C. number, and will not impact the Alberta death toll. **THE ASSOCIATED PRESS**

Smoke alarm blitz begins

KRISTA SYLVESTER
krista.sylvester@metronews.ca

Residents in several south-east communities got a 101 on fire safety last night as the Calgary fire department launched their "Be fire smart, don't get burned" blitz.

Fire spokesperson Jeff Budai said the blitz comes during fire prevention week and was pleased southeast residents react-

ed positively to the informative visit from firefighters.

"We've received a lot of feedback and its just fun knocking on doors and getting into some residents homes and just making sure they are being fire safe," Budai said during the blitz.

Budai said the theme this year is to be fire safe and includes ensuring stoves are turned off, candles aren't left burning

and fire alarms work, including others.

"It's really just about making sure people are fire smart and ensuring homes are fire safe."

While firefighters were knocking door-to-door they were checking and installing fire alarms and informing residents on safer choices, including which types of candles are safest.

The Home Safety Program has evolved from the highly successful Residen-

tial Smoke Detector Program which the department launched in 1997. Since the inception of the program firefighters have visited 191,681 homes installing over 21,000 smoke alarms and replacing more than 14,000 batteries.

The program is supported by corporate partners Intact Insurance, Trico Homes, Morrison Homes and Source Media Group.

Fire prevention week runs until Saturday.

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Google Street View went live in Canadian cities yesterday, allowing a full 360-degree view of your neighbourhood.

Google Street View comes to Calgary

TECHNOLOGY An invasion of privacy for some, a useful tool for others — your residence image is now at a computer near you with just the click of a mouse.

Google Maps expanded their Street View program to include imagery from 11 Canadian cities yesterday, including Calgary, after spending months trolling neighbourhoods with the Google car collecting the real-life images.

Calgarians were Twittering about the news and blogging about being seen in their yards when the photos were being taken and one thing is certain; Calgarians are talking about Google Street View.

"That's just great. Now anyone can see my house and it really doesn't sit

"What's next, Google living room viewer?"

Terra Denim

well with me. I think it crosses the line and I'm not really happy about it," 29-year-old Terra Denim said.

"What's next, Google living room viewer?"

While several other citizens echoed her thoughts, Kevin Dunn thinks the new tool is a great addition.

"It's just kind of neat. You can look up your old houses and stuff. I don't think I'm too worried about anyone stalking me or anything," he said.

KRISTA SYLVESTER/METRO CALGARY

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No more online insurance sales: Flaherty

Finance Minister Jim Flaherty says he has written Canada's banks and asked them to stop selling insurance online. He promised changes to bank laws to make that illegal. **THE CANADIAN PRESS**

5

Canada



Paper bailout gets support: Poll

A slim majority of Canadians would support a government bailout of the newspaper industry, a new poll suggests. The Canadian Press Harris-Decima survey — conducted before one of Canada's biggest media conglomerates received partial bankruptcy protection this week — also found that 87 per cent of respondents believe newspapers play an important role in the news media.

THE CANADIAN PRESS

News in brief

LOBBY Middle Eastern garments designed to cover a woman's face are "medieval" and "misogynist" symbols of extremism with no basis in Islam, a Canadian Muslim lobby group said yesterday as it urged Ottawa to ban the burka and the niqab.

AUDIT A new audit of Cancer Care Ontario shows the agency suffered from many of the same problems that plagued troubled eHealth Ontario. Newly released documents show that Cancer Care spent nearly \$75 million on consultants over the last two years but didn't always follow the rules on competitive tendering.

BORDER People would have gotten a real charge out of a recent shipment of mobile phones from China. Canada Border Services Agency says officers found a shipment of stun guns disguised as cellphones when they examined a package.

THE CANADIAN PRESS

Montreal Workers unite



Montreal blue-collar workers are joined by public workers from across the country during a demonstration yesterday in Old Montreal. The workers were joined by union members across the country in support of better municipal services.

Scientists decode breast cancer DNA

Canadian study offers hope for medical mystery

In a world first, Canadian scientists have decoded all three billion letters of DNA in a breast cancer tumour and identified the mutations that caused the cancer to spread.

The landmark study by researchers at the B.C. Cancer Agency is a major step towards unravelling the mysteries of how cancer begins and what makes it move to other parts of the body.

"I never thought I would see it in my lifetime," co-principal investigator Dr. Samuel Aparicio, head of the agency's breast cancer research program, said of the ability to decode the

breast tumour's DNA.

Aparicio said the DNA-mapping should help researchers develop new breast cancer treatments based on the genetic make-up of both primary and metastatic tumours.

The B.C. team sequenced the genome of a patient's original breast tumour and one that arose in her pleural cavity (between the lungs and chest wall) nine years later. When the researchers looked at DNA in cells from the tumours, they were able to tease out 32 mutations among the three billion-letter alphabet of the genome. Only five of the mutations were

present in the original tumour. "And there were 19 of the mutations that we just didn't see (in the original tumour)," said Aparicio. "So what that told us was the tumour had evolved considerably from the primary to the eventual metastasis nine years later."

THE CANADIAN PRESS

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NASA says the chances of a 270-metre-long asteroid striking Earth in 2036 have been downgraded. Scientists initially believed there was a one-in-45,000 chance that Apophis could hit the planet on April 13, 2036. But NASA said yesterday the threat has been dropped to one-in-250,000 after it recalculated the asteroid's path. **THE ASSOCIATED PRESS**

World



Astronaut love triangle takes turn

Attorneys for a former astronaut will get another chance to question a romantic rival she allegedly drove 1,600 kilometres to confront. Lisa Nowak, left, is accused of attacking Colleen Shipman in a Florida airport parking lot two years ago. Shipman had begun dating Nowak's love interest, former space shuttle pilot Bill Oefelein. An Orlando judge ruled yesterday that Nowak's attorneys could depose Shipman for a second time to determine if she was actually touched by pepper spray during the confrontation. **THE ASSOCIATED PRESS**

Kiss and tell earns 5 years, 1,000 lashes

SENTENCE A Saudi court yesterday convicted a man for publicly talking about sex after he bragged on a TV talk show about his exploits, sentencing him to five years in jail and 1,000 lashes, his lawyer said. Talking about sex publicly is a taboo in ultraconservative Saudi Arabia. The program, which aired July 15 in Saudi Arabia, scandalized the country where such frank talk is rarely heard in public. Some 200 people filed legal complaints against Mazen Abdul-Jawad. The program, Bold Red Line, began with Abdul-Jawad describing the first time he had sex at 14. He then led viewers into his bedroom, dominated by red accessories, and then showed off blurred sex toys. He was later joined by three male friends for a discussion on what turns them on. **THE ASSOCIATED PRESS**

Palin's popularity haunting Republicans

She's poised to become a best-selling author in the U.S., has a devoted base of conservative supporters and is considered a front-runner to lead the Republicans into the next election in 2012 — and yet key party strategists are tormented by the popularity of Sarah Palin.

"Were she to be the nominee, we could have a catastrophic election," Steve Schmidt, John McCain's presidential campaign manager last year, said recently.

He was backed by Mike Murphy, a Republican media consultant who also made a point of chastising Schmidt for his role in Palin's rise to prominence to begin with. "Steve

Albertan selling Palin-signed Xbox

Palin's star quality is undisputed — a Canadian is so confident of her popularity that he's selling an Xbox 360 autographed by her for \$1.1 million US on eBay. Albertan David

Schmidt correct about Sarah Palin and '12," Murphy said by way of his Twitter feed. "Shame he didn't feel same way a year ago when he was lobbying McCain to choose her as VP."

Yet from her unlikely pulpit — Facebook — Palin is getting her message out on everything from U.S. health-care reform to energy while assailing President Barack Obama for his position on Afghanistan. Many

Morrill's listing features photos of Palin signing the gaming console in July, two days before her surprise announcement that she was stepping down as Alaska's governor.

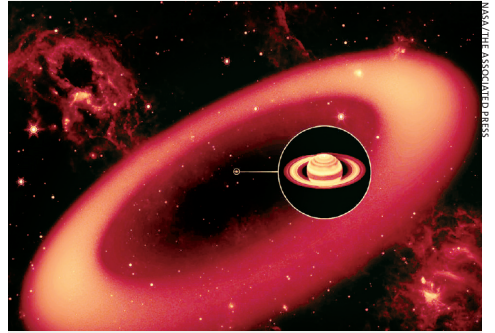
of her 900,000-plus friends on the social networking site are cheering her every word. **THE CANADIAN PRESS**

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Saturn Another, bigger ring



This rendering from NASA shows the biggest but never-before-seen ring around Saturn, spotted by NASA's Spitzer Space Telescope. The inset shows an enlarged image of Saturn. The bulk of the ring starts about six million kilometres away from the planet and extends outward another 12 million kilometres.

News in brief

ITALY Prime Minister Silvio Berlusconi says he will not resign even though a top Italian court has overturned an immu-

nity law shielding him from a corruption trial. The ruling paves the way for proceedings to resume. **THE ASSOCIATED PRESS**



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School cellphone ban sought in France

France's Senate wants to forbid children in primary and middle schools from using cellphones, amending a sweeping environment bill to include such a ban. The measure would ban pupils up through about age 14 from using cellphones in school. **THE ASSOCIATED PRESS**

world 7

Afghanistan **The plight of children**

Zubaida, an Afghan girl, holds her sister in Jalalabad, Afghanistan, yesterday. Eight years after the fall of the Taliban, most Afghan children still don't attend school and face the prospect of a life of poverty no different from their parents.

News in brief

JAPAN Powerful Typhoon Melor slammed into Japan on Thursday, damaging buildings and roads, halting train service and cancelling hundreds

of flights as it swept across the country. One man died and dozens were reported injured.

THE ASSOCIATED PRESS

Scuba murder trial opens

Rhode Island man accused of killing wife in Caribbean

A prosecutor opened the trial of a Rhode Island man yesterday by accusing him of killing his wife while scuba diving in the British Virgin Islands to pursue a romance with another woman.

The director of public prosecutions in this British territory, Terrence Williams, said that David Swain knew a divorce would ruin him financially and he believed money from his wife's life insurance policy would help him win over his love interest.

Civil suit

• In the civil suit, Shelly Tyre's parents accused her husband David Swain of killing their daughter because he was ro-

maning another woman and because the couple's prenuptial agreement denied him money if they divorced.

"That dive was for this new woman," Williams told the nine-person jury.

The 1999 drowning of Shelley Tyre, 46, was initially ruled an accident. But authorities in the British Virgin Islands later charged Swain with murder after a 2006 Rhode Is-

land civil trial found him responsible. Federal U.S. agents arrested Swain at his Rhode Island dive shop in November 2007 and he was extradited to Tortola.

Swain maintains his innocence and his defence lawyer has said they will

show the drowning was a "tragic accident."

Williams said the evidence suggests Tyre's dive gear was forced off in a struggle underwater. He said a strap was broken on her mask and the mouthpiece was detached from her snorkel, suggesting the use of "great force."

Once her body surfaced, Williams said, Swain performed CPR only momentarily.

Swain, 53, faces a maximum sentence of life in prison if convicted.

THE ASSOCIATED PRESS

Credit card scam made \$10K a day

FRAUD A crime ring raked in about \$10,000 a day by manufacturing credit cards with numbers purchased illegally from overseas websites, committing mortgage fraud and staging car accidents and auto thefts to collect insurance payouts, prosecutors said yesterday.

Thirteen people were indicted on 261 counts including enterprise corrup-

tion, identity theft, real estate fraud, credit card fraud and conspiracy to commit automobile insurance fraud, prosecutors said.

Between 2004 and 2008, the ring bought credit card numbers from Russian and Ukrainian websites and manufactured fake credit cards at sites throughout Brooklyn referred to as "labs."

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Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONews.CA

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Comment

Give thanks for getting dumped

Relating

Sofi Papamarko

metronews.ca/papamarko

You've only just begun university, but you're already a superstar. You've gotten the hang of classes, joined intramural basketball and made new friends. Your roommate is awesome. Your long-dis-

tance relationship is going well. University life is just a big fluffy cakewalk with vanilla frosting and a million cherries on top.

Until you head home for Thanksgiving. "Listen," he says. "We need to talk."

It's called the Turkey Dump. Like the delicious fowl for which it is named, the Turkey Dump is a clumsy and vicious beast. And you are now among its casualties. Once upon a time, high school sweethearts married as a matter of course. This has since become something of an

anomaly; only the strongest of high school relationships can withstand post-secondary education. Let's face it: colleges and universities are essentially alcohol-fuelled sex buffets. Lectures and assignments fit in there someplace, sure, but for the most part, you've got a small geographical area crammed with thousands of open-minded young people who have recently acquired a taste for freedom. And tequila.

Not to suggest that campus life is a modern-day version of Sodom and Gomor-

rah. Post-secondary students are generally intelligent and responsible — that's how they got there in the first place. It's just that they're surrounded by a lot of eye candy. A lot of beer. A lot of flirting. And if they are in a relationship, a lot of temptation. (Nobody brings a sandwich to a buffet.)

"Attending university is a developmental transition," says Dita Everett, clinical psychologist at the University of Toronto. "It is a period of greater autonomy both academically and socially, and such autonomy invites

an exploration of identity.

Many have argued that we only come to know ourselves through our relationships with others, and this is a time for experimenting in that arena."

Everett encourages students who are having difficulty dealing with the end of a relationship to make full use of the resources available to them.

"(It's) important to normalize and to anticipate the kind of emotions that students often feel in the aftermath of a break-up," Everett says.

"Supporting and exploring such feelings through counselling is an entirely appropriate use of a university counselling service."

Maybe the dreaded Turkey Dump is a blessing in disguise.

It gives the freshly single student the opportunity to focus on their studies, get to know new people and learn about themselves.

And that's what higher education is all about.

Sofi Papamarko is a 20-something writer based in Toronto. Her heroes include Desmond Morris and Nancy Sinatra.

Views

Finding role models off the beaten path



Melinda Mattos

Broad Minded

Growing up feminist comes with its own unexpected challenges.

My parents raised me in a bedroom wallpapered with "Girls Can Do Anything" posters, never daydreaming aloud about my wedding or future grandkids. Being smart always trumped being pretty but as my 20s roll to an end and I watch yet another one of my friends get married, I have to admit I'm freaking out about my fu-

ture. Some days it feels like I'm idling in front of 800 on-ramps, all headed in different directions.

Without the guaranteed personal landmarks of past generations it's easy to feel lost and overwhelmed by choices. While I wouldn't trade my personal freedoms, I'd kill for a better sense of direction.

A few weeks ago, the media was buzzing about a University of Pennsylvania study called "The Paradox of Declining Female Happiness," which suggested that over the past 35 years, as women's opportunities have increased, their happiness level has decreased.

If this study is accurate, it's likely because women are still expected to be the primary caregiver at home, while holding their own in the boardroom.

But what about those of us who don't do it all? What's our excuse?

I think part of it is a lack of female mentorship. I had to laugh this weekend when I read Caitlin Moran's column, where she admitted she found more inspiration in bad-ass Courtney Love than she did in any of history's great women. (Moran writes, "I needed a hero who'd repeatedly done incredibly embarrassing things, yet

had signally failed to die of mortification.")

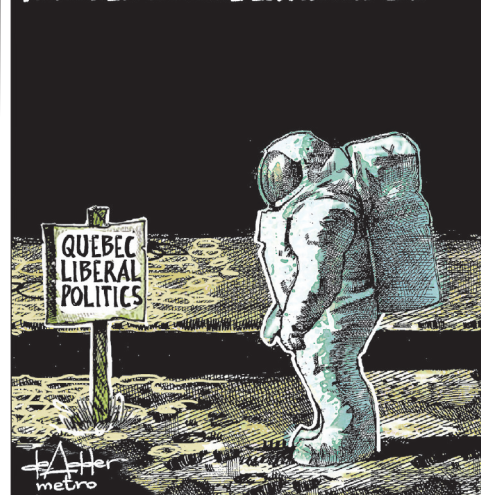
Though I wouldn't recommend Love as a role model, I do like the idea of connecting with women so far off the beaten path that they seem to have forgotten there ever was a path.

So I'm giving myself some homework: Find women who are blazing their own trails and let their successes, failures and adventures fuel my own.

I'll let you know how it goes.

Melinda Mattos is a Toronto-based writer, editor and co-founder of feminist teen magazine Shameless (www.shamelessmag.com).

MARC GARNEAU ENTERS ANOTHER HOSTILE ENVIRONMENT:



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Electric car more than pipe dream with Nissan launch

Nissan's new electric car will be launched in Canada in 2011, beginning with British Columbia, the company announced Tuesday. **THE CANADIAN PRESS**

9

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Bankers owe world apology: HSBC chair

The chairman of banking group HSBC says bankers owe the world an apology.

Stephen K. Green, speaking in an interview with BBC television broadcast yesterday, said the world cannot do without banks, but that bankers need to learn the lessons of the financial crisis that has rocked the world's economy.

And the most important task for their directors, he said, is to promote a culture of ethics and integrity.

"I think the change in the public perception of the industry is entirely understandable."

Stephen K. Green,
HSBC

"I think the change in the public perception of the industry is entirely understandable. The banking industry has not covered itself in glory to say the least, and indeed the industry collectively owes the real world an apology for what has happened, and it also owes the real world a commitment to learn the lessons," he said.

Some of those lessons "are about governance and ethics and culture within the industry," said Green, who is also a Church of England priest.

"You can't do all this simply by setting rules and regulations, you have to expect the leadership in the industry to nurture a real culture of ethics and integrity and that's actually a continuing priority, perhaps the greatest priority of all as far as I am concerned for the boards of banks," he added.

THE CANADIAN PRESS

Anheuser-Busch **Whale of a deal**



A killer whale and worker perform at SeaWorld in San Diego. Anheuser-Busch InBev SA, the world's largest brewer, yesterday said it will raise \$2.7 billion by selling its U.S. theme parks, including SeaWorld, to the Blackstone Group. The Belgium-based brewer is shedding assets to pay for the \$52-billion takeover of Anheuser-Busch that formed the company last year.

Programing will air: Canwest

COURT PROTECTION Canwest Global may be in the midst of drastic restructuring measures to cope with a crippling debt and punishing economy, but viewers won't see signs of those woes in the company's TV programming, content chief Barb Williams insisted Wednesday.

Home to prime-time hits including Glee, House and Lie To Me, Global TV is among the Canwest assets seeking creditor protection

as its parent company struggles with a \$4-billion hole.

Williams said that she and other programming managers spoke with producing partners yesterday to assure them that series orders would proceed as planned, and that they would be paid for their work.

Williams wouldn't reveal how much was being spent on programming or how the budget compares to previous years.

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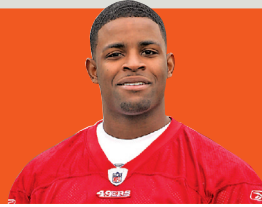


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Sports



Crabtree ends holdout

The San Francisco 49ers and receiver Michael Crabtree, left, have agreed to a six-year contract after several months of difficult negotiations. Terms of the deal were not disclosed. The 10th overall draft pick had balked at an offer of five years and \$20 million US, instead seeking money comparable to higher draft picks.

THE ASSOCIATED PRESS

EDITOR: CHRIS.CLEMENTS@METRONews.CA

Sports in brief

F1 Robert Kubica will drive for Formula One team Renault from 2010, replacing Ferrari-bound Fernando Alonso and partner Romain Grosjean. The 24-year-old from Poland, has driven for BMW Sauber since 2006.

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Battle of Alberta: Round 2

NHL PREVIEW

Calgary at Edmonton



Backed by a balanced offence, the Calgary Flames will attempt to steal a victory in Edmonton against the Oilers for the second time in less than a week.

After David Moss scored a back-breaking goal in the final minute of a 4-3 victory over the Oilers (1-1) on Saturday night, the Flames (3-0) hope their good fortune continues tonight during a return visit up the Queen Elizabeth II Highway.

"We're making some mistakes, but in the same respect we're doing some



Calgary's Craig Conroy fights with Edmonton's Sam Gagner on Saturday. The two teams face off again tonight in Edmonton.

good things and we're finding ways to battle back," said veteran Calgary forward Craig Conroy.

In previous seasons, the Flames have had to rely heavily on scoring from

captain Jarome Iginla and whoever plays on his line, but that hasn't been the case so far this season.

"Everybody likes to score and everybody likes to be part of it," said Conroy,

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who has chipped in two assists playing centre on a line with Curtis Glencross and Dustin Boyd. "A lot of years I've been around here, it's been a one man show in Iggy. This year, we really talked a lot about how we can get a lot of contributions from different guys."

All 18 skaters who have suited up for the Flames so far this season have recorded at least one point. Iginla has one goal and one assist.

THE CANADIAN PRESS

Roy given discharge

HOCKEY An on-ice assault case that served as a lightning rod in the national debate on fighting in hockey ended yesterday when a judge granted the son of NHL legend Patrick Roy an absolute discharge.

The sentence means ex-goaltender Jonathan Roy will have no criminal record and allows the budding singer to pursue his musical dreams in the United States. Roy, 20, caught people off guard by pleading guilty just as his two-day trial on a charge of assault was set to begin.

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Albanian oil tycoon Rezart Taci is prepared to purchase AC Milan for 700 million euros (C\$1.09 billion), even though Silvio Berlusconi has not put the club up for sale. Milan sold off its top player, Kaka, to Real Madrid this off-season to stave off financial crisis, and the club is off to a rough start in Serie A. **THE ASSOCIATED PRESS**

Sports in brief

SOCCER At a conference in London yesterday, FIFA vice-president Jack Warner called for the introduction of a salary cap in soccer and the widespread introduction of technology. The CONCACAF president also openly questioned whether the number of players on the field should be reduced to 10 and

the penalty area made smaller. **FOOTBALL** Eagles quarterback Donovan McNabb was back at practice yesterday and says he'll be in the starting lineup when Philadelphia plays Tampa Bay on Sunday. McNabb has been out since breaking his rib in the season opener.

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Lee strong in playoff debut

MLB PLAYOFFS

Colorado 1 Philadelphia 5



Cliff Lee pitched like an ace instead of a post-season rookie.

Lee dominated the Colorado Rockies, tossing a six-hitter, and the Philadelphia Phillies be-

gan their World Series title defence with a 5-1 victory in their playoff opener yesterday.

Raul Ibanez had two hits and two RBIs, and Ryan Howard and Jayson Werth drove in runs with key extra-base hits off 15-game winner Ubaldo Jimenez.

Lee, the reigning AL Cy Young Award winner, struck out five and had no walks in his first career

playoff start. He retired 16 straight batters at one point until Garrett Atkins hit a wind-blown double in the seventh. Lee lost his shutout when Troy Tulowitzki doubled in a run with two outs in the ninth.

Game 2 of the best-of-five series goes today with Cole Hamels, last year's World Series MVP, on the mound for the Phillies against Colorado's Aaron Cook.

Yankees 7 Twins 2 — Derek Jeter and CC Sabathia got the New York Yankees off to a winning post-season start in their new ballpark as they romped over the Twins 7-2 last night in the opener of their AL playoff series. **THE ASSOCIATED PRESS**

For results of yesterday's late game between the Cardinals and Dodgers, visit: **metronews.ca/sports**

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13

Metro Homes



Lost Garden

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EMMA YARDLEY/FOR METRO CANADA

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

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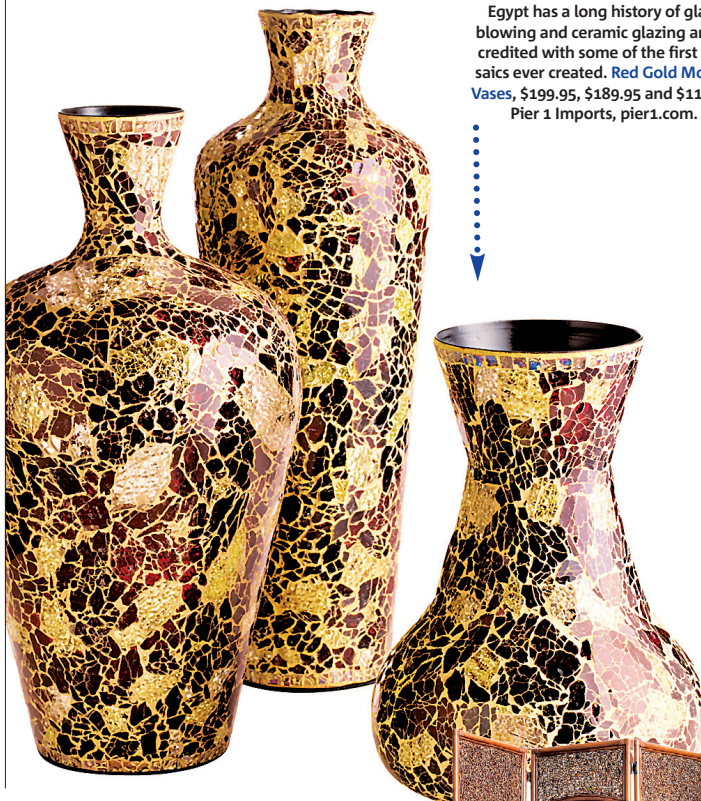


It's safe to say that King Tutankhamen never imagined that 3000 years after his death the contents of his tomb would spark a major trend in the European decor world.

"Ancient Egyptian style differed ... in its love of nature and of colour, and in a gentle, dignified sensuality that seemed to embrace all aspects of life," says Gayle Gibson, a teacher in the Royal Ontario Museum's education department.

"Their elegant, gentle, somewhat effete style, free use of fine polished woods, gold and silver, and deep, vivid colours, had a powerful effect on Art Deco in the Twentieth Century."

Those sensibilities are still present in Egyptian interior decorating today but have been infused with elements from classical European design and traditional Arabic influences. This unique combination makes modern Egyptian home decor both exotic and wonderfully familiar.



Egypt has a long history of glass blowing and ceramic glazing and is credited with some of the first mosaics ever created. Red Gold Mosaic Vases, \$199.95, \$189.95 and \$119.95, Pier 1 Imports, pier1.com.



This Kiona trunk, with its stylized sun motif, is made of wicker and rattan woven over a dark walnut wooden frame. Pier 1, \$279.95, pier1.com.

Use hand-woven Semar floor screens to divide a large room into smaller more intimate spaces. Pier 1 Imports, \$279.95, pier1.com.



It's not hard to imagine lounging on this plush set in an Egyptian tearoom sipping on a cup of sweet chai with mint leaves. Armchair, \$599.99, Couch, \$799.99, Home Furniture, homefurniture.ca.

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Construction a man's world no more

HomeScape

Sylvia Putz

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If you're a woman (and maybe even if you're a man), sometimes you want female company

and perspective. And this can apply to contractors who carry out renovations at your home.

Marissa McTasney, of Moxie Trades, a company that supplies women in the trades with clothing especially designed for them, is well aware of this. She says there's been a demand for quite some time for female renovators, such as carpenters, electricians,

plumbers, painters and drywallers. Trouble is, there aren't a lot of female renovators.

But this is changing, she says. Her website, MoxieTrades.com, is in the process of listing women in the trades both in Canada and other countries who register to be on her site.

For customers doing renovations, there can be ben-

efits to hiring female contractors.

"Women contractors tend to have strong attention to detail, and are likely to be accurate in their work," she says.

In addition, the male-dominated culture of the construction business can produce intimidation and barriers to effective communication between female clients and male con-

tractors. This can be especially significant when numerous male contractors are together and apparently feel compelled to play the stereotypical construction worker role to the hilt (and I've personally witnessed this bizarre transformation from men who interact with women quite normally on a day-to-day basis).

In contrast, female contractors understand a woman's point of view, and are not part of the "macho" mindset that can produce awkwardness and can easily squelch productive conversations between a female client and male contractors.

McTasney's website is also useful for women in the trades trying to find their places in a culture that is not yet completely friendly to women.

But McTasney has faith that things are changing. With more women employed in this area, women entering the trades will no longer feel as exposed or isolated.

Another issue is, of course, that parents have not traditionally steered their daughters in this direction — it was simply not considered a possibility in past years. But, "parents are not shocked any more. Their mindsets are a little different now, and they are more accepting."

After all, there's good money to be made, it's a stable job with a good environment, and there are many routes that can be followed within the industry.

Some help

- If you're doing a renovation, here's what to do to find a contractor you're comfortable with:
- Contractors can be specialists who are usually experts in one particular area, and some are general contractors who have a broad knowledge.
- After you settle on the type of contractor you need, word of mouth is one of the best ways to help you make a selection.
- If you would like to hire a female contractor or companies which hire females as part of their trades, ask around or visit MoxieTrades.com to access their list of women in the trades.
- Get three or four quotes, and compare prices.
- Remember that the lowest price may not necessarily be the best, and nor will the highest quote necessarily produce the most "high-end" work.
- To help you make the decision, consider the experience of the contractor, be sure to ask for references, and take the trouble to contact them.
- Speak with the contractor. Do you get a sense that they know what they are talking about?
- Pay attention to your gut. Do you feel comfortable around the contractor? If they are talking down to you, dismissing your views, avoiding questions, intimidating you or acting in a "macho" manner, eliminate them from your list.

Sylvia Putz is a journalist with an interest in decor and design. She's written for the TV show *Arresting Design*; sputz@arrestingdesign.com.

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Style



Barbie's back in Town

After a successful run last spring, the Barbie by Town Shoes collection is back with a new set of styles for fall. This exclusive collection features glamorous peep toe pumps, zebra platform booties and even over the knee boots as well as purses — all inspired by the trendsetting doll. Prices range from \$59.95 to \$275. To see the entire collection visit townshoes.com.

METRO NEWS SERVICE

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Tousled, big and wavy

Bed head, retro curls make a comeback on the major runways

ANDREA WOO
For Metro Canada



Good news for the fashionably inclined but stylistically challenged: Casual hair is back in style.

At the recent London, Paris and Milan fashion weeks, tousled locks were big on the runways, with many models sporting loose waves and messy buns.

"It's very free hair this season," said Toronto-based celebrity hairstylist Jie Matar, citing Chanel and Prada as fashion houses adopting the look for their models. "Mostly, we used to see sleek and coifed hair, but not this season. This season's all about tousled, big and wavy. Victoria Beckham is not the look anymore."

Cherie Grass, senior stylist and educational director at Vancouver's Toni & Guy salon, says accompanying the retro waves are defined centre or side parts and often a lot of back-combing to create volume at the crown.

"They're looser, more combed out and messy," said Grass of this season's



Retro waves with a defined side part was a big trend seen on the fashion runways this season. Here a model sports the look during Alena Akhmadullina's show at Paris Fashion Week earlier this week.

looks. "There's definitely a '60s feel."

As for colour, Matar says streaks and highlights are out, being replaced with all-over colour in warm, rich hues such as caramel, cinnamon, gold and copper.

Tania Becker, co-owner of Vancouver's Moods Hair Salon, has styled hair for the runway shows of the Paris and New York fashion weeks for 14 seasons. She agrees that this fall, the trend for hair colour is

warmth.

"Brunettes are leaning towards warm chocolate tones, blonds are trading ash and platinum shades for honey or golden hues," said Becker. She adds that the most influential colour is red: "(Model) Coco Rocha caused a buzz when she showed up on the fall and winter runways with her new, rich, copper hair."

Canadians wanting to incorporate the European trends into their daily look should invest in a good,

layered cut, as styling can be fairly minimal.

"The most important thing is to cut it in a very tailoring technique," said Matar. "Add a lot of layers that can give it an illusion it's one length at the back — to the shoulders — and at the same time (do) a lot of teasing on the crown."

For easy texture and volume, Becker recommends generously spraying dry hair with hairspray or setting

spray, doing four or five large braids and sleeping on them overnight.

"In the morning, take the braids out and shake it out," she advised.

Messy buns and tousled updos were also predominate hairstyles seen in London, Milan and Paris fashion weeks. Below, left: Chanel's Pret a Porter show in Paris. Left: Fendi's spring/summer 2010 collection, presented in Milan last month.



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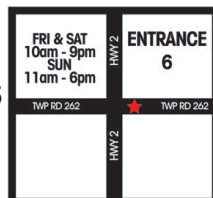
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Elvis Presley's teenage grandson has landed a record deal worth \$5 million US. Benjamin Presley has landed a five-album contract with Universal, and has already started work on his first LP, which he hopes to release next year. **METRO NEWS SERVICES**

Entertainment

EDITOR: DEAN.LISK@METRONews.CA

Gaga Gossip

Lady Gaga will appear on an upcoming episode of Gossip Girl, according to the New York Daily News. The singer is said to be playing herself.

METRO NEWS SERVICES

Michael Bublé's Crazy Love

Michael Bublé

Album: Crazy Love
Label: Reprise/Warner
Rating: ⓈⓈⓈ

BY NOW, MOST people know what to expect from Michael



Bublé — sweet crooning, pop standards, and light jazzy sounds. But somehow, the artist can still surprise. Crazy Love is the Vancouver singer's most diverse record. He tackles both Cry Me a River, a bouncy love song by Arthur Hamilton, and Ray Charles' Georgia on My Mind, which features the smokiest vocals of his career. He ends the disc with a fantastic cover of Ron Sexsmith's Whatever It Takes. Whatever you think of the guy, Bublé does his thing better than almost anyone else.

Bryan Borzykowski/for Metro Canada

Kiss

Album: Sonic Boom
Label: Roadrunner
Rating: ⓈⓈⓈ

THERE'S NO GOOD reason why Kiss is releasing a new disc — the follow-up to 1998's Psycho Circus. Most people like the old tunes, and the recent music doesn't sound any different than those hits (besides being worse). In some ways, it's admirable that



they care enough about themselves as musicians that the band members want to work on a new album, but they know where their bread and butter lies — an accompanying disc is loaded with classics. In the end this album is for the die-hards; casual listeners should stick to one of Kiss' greatest hits records.

Bryan Borzykowski/for Metro Canada

Matthew Good

Album: Vancouver
Label: Universal
Rating: ⓈⓈⓈ

VANCOUVER

NATIONAL ANTHEM should be the official song of the 2010 Olympics. Matthew Good tears into the touristy tinsel wrapped around his hometown to reveal something sinister lurking below the snow caps. Good sings about the horrors of Vancouver's downtown eastside through the zombie eyes of the people who inhabit it. "We all live downtown/We all die downtown/Step Over Ourselves," goes the chorus. Keep it in mind when you watch the figure skating live from GM Place. But this album is not all about politics. Good uses the city that has nurtured his muse as a canvas on which to squeeze out some more personal demons. Some of it is even sentimental. All in all, Good remains angry, angsty and relevant.

Graham Rockingham/for Metro Canada



JANIS MUSE PHOTO

Crazy Love is the most diverse record of Vancouver singer Michael Bublé's career.

Toby Keith

Album: American Ride
Label: Universal
Rating: Ⓢ

TOBY KEITH HAS become the Rush Limbaugh of country music. His blinkered ideal of the American dream is under threat from the "wave comin' cross the Mexican border," weak-kneed liberals wanting to "bust" people for singin' Christmas carols, consumer protectionists suing hamburger joints for spilled coffee and paranoid environmentalists worried about aerosol cans and ozone holes. Pa-



triotism is defined by killing Iraqi "sons of bitches" in "low-water ditches." Everything would be better, of course, if we just increased the size of American flags, Harley choppers and plasma TVs. Keith's world view is portrayed in no uncertain terms in the songs that bookend his new CD, American Ride. The opening title track is sure to be a hit among those who have problems differentiating between Obama and Osama, while the closer, Ballad of Balad, is a stars-and-stripes groaner tooled to make one believe that every U.S. foreign policy blunder is justified by the sweat of the average American grunt.

Graham Rockingham/for Metro Canada

Backstreet Boys

Album: This is Us
Label: Sony Music
Rating: Ⓢ

LET'S DEAL FIRST with the title of this album. Surely it can't be grammatically correct? Shouldn't it be This is We? Or even Those are We? We'd grant the Backstreet Boys the artistic license to break the language rules, of course, if there was (were?) any art contained on this ... this ... thing. We're not asking for cliché-breaking lyrics just some dance beats that won't drive us up the wall. We should at least ex-



MusicReviews

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pect vocal harmonies that sound something more than machine generated. The low point is a track called PDA. The letters are supposed to stand for Public Display of Affection, but the song contains all the emotion of a Personal Digital Assistant. Who is going to buy this album? A lot of 20-something women trying to relive their adolescence.

Graham Rockingham/for Metro Canada

Hockey

Album: Mind Chaos
Label: Capital/EMI
Rating: ⓈⓈⓈ

WHILE THE NAME might pique the interest of many Canadians, Hockey is just another rock band from the U.S. The buzz around this Oregon foursome is growing, but it's not clear why — they're basically another fuzzy guitar band in the vein of Hot Hot Heat. There are a number of catchy songs here, and the mix of electro sounds is a nice touch, but ultimately they don't offer anything new. Some tracks do veer from the distorted formula, but that's not necessarily a good thing — Work sounds like a Maroon 5 cover.

Bryan Borzykowski/for Metro Canada



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Mel's record wiped clean

Mel Gibson has won a court battle to clear his conviction for a notorious 2006 drunk driving incident from the police record, now that he has finished his three years of probation. FEMALEFIRST.CO.UK

New disc is a Good homecoming

In 'Vancouver,' rocker explores his relationship with his native city

KEITH CARMAN
for Metro Canada

"Hospital Music was cathartic. This album is getting it off my chest," declares solo rocker Matthew Good about the relationship between his last effort and his current offering, *Vancouver* (Universal).

To Good, both albums are incredibly personal, albeit on disparate levels. Where 2007's *Hospital Music* was created as Good came to terms with a long-standing medical condition, *Vancouver*, which was released this week, is slightly more relaxed. It relays his experiences, sentiments and aspirations for the city he has grown with over two decades.

"When you live somewhere for so long, you see everything: the good and the bad," he continues. "You can't dispel one for the other, which is why even people who claim to



Matthew Good aims to show the best and worst of Vancouver.

hate a city still have fond memories in it. You have to focus on both of those emotions, and this album does just that.

"In this city alone, I've lived everywhere from nice neighbourhoods to the poorest one in Canada. I've watched Vancouver turn from an edgy scene with a great arts and music

community to [the point] where those communities have been stifled. Some people call that progress, but I call it a cultural loss."

Despite the city's "loss," Good's commentary on the current state of Vancouver proves his creativity is at an all-time high. From the straightforward flow of *Last Parade*

"When you live somewhere for so long, you see everything: the good and the bad."

Matthew Good

through *Great Whales of the Sea* — a song he crafted while tinkering with authentic whale sound bites — the album's 10 tracks are a strong step forward from Good's already solid body of work.

"I have a definite affinity for grandeur, especially orchestral arrangements. I'm a massive sucker for that," he says with a smile. "The songwriting is progressive compared to the last record, depending on how you define that. You can go off the deep end and be experimental, but I focus on the emotive quality of songs. That's where I find the progressive aspect of my work. You can listen to

Hospital Music and it emotes a certain feeling, and I wanted this record to emote its own unique feeling."

Good offers his own means of evaluating his distinct work, be it Vancouver's slightly removed point of view or Hospital Music's intimacy. But he's careful to allow listeners to derive their own personal meanings from his compositions.

"I equate it to weather," says Good. "Almost every song of my career feels like a weather condition. That's the perfect backdrop for a song."

"For this album, well, it depends. Some songs are calm and still, quiet and contemplative, where others are a lot of wind and a looming rainstorm. There are grey days, hot days."

"Ultimately, though, it's subjective as to how people view it. Sometimes it's best for people to take it as what it is and apply it to their own lives."

Ron James set to host Gemini

TELEVISION CBC funnyman Ron James has been announced as the host of this year's Gemini Awards. The prizes, celebrating the best in Canadian television, will be handed out Nov. 14 in Calgary. The comic appears in the weekly Ron James Show.

THE CANADIAN PRESS

In brief

MURDER PLOT The FBI once investigated whether Anna Nicole Smith plotted to kill her tycoon husband's son as they battled for his father's fortune, newly released files show.

HONOURS Halifax musician Joel Plaskett has a leading four nominations for November's Canadian Folk Music Awards.

HOME FOR HOLIDAYS Jennifer Hudson is returning to her hometown, Chicago, to make a Christmas special for ABC.

ON TOUR Rock band Wilco tours Canada in 2010, stopping in Vancouver, Edmonton, Calgary, Saskatoon, Hamilton, London, Ottawa and Halifax.

METRO NEWS SERVICES

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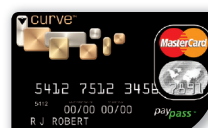


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20 entertainment

Letterman's luck: Hanky panky pols won't return fire

Host's former targets aren't making sport of revelations

In March 2008, David Letterman was taking potshots at Eliot Spitzer, then governor of New York, who was embroiled in an investigation into a high-end prostitution ring.

"It's so sunny and bright outside that, earlier today, Eliot Spitzer came out of a brothel squinting," Letterman cracked in a monologue. But in Spitzer's case, he didn't stop at lampooning. During an indignant rant, he called for the scandalized governor to step down. "I mean, can you imagine," said Letterman, "if this happened to me how fast they'd have my ... (backside) out of here?"

Unlike Spitzer, who resigned, Letterman seems secure in his job as host of CBS' Late Show, nearly a week after his bombshell revelations of having had sex with women on his staff (a disclosure prompted by an alleged \$2 million US blackmail threat against him).

But so far, it seems like he's avoiding another type



Letterman's former targets include, left, Senator David Vitter of Louisiana and South Carolina governor Mark Sanford.



of retribution: the misbehaving politicians at whom he's hurled comedy zingers for years don't seem keen on ridiculing him now.

In fact, most of the targets of Letterman's jokes approached by The Associated Press chose not to even weigh in on the current woes of the talk-show host.

One of those is Sen. David Vitter, a Louisiana Republican whose telephone number was found in 2007 among those called by an escort service prosecutors said was a prostitution ring.

Vitter "admitted he's been dating prostitutes," said Letterman in one

monologue. "And he was very generous with one girl: He paid her with a new highway project in her home state."

Vitter chose not to return fire at Letterman. When asked by The Associated Press for comment, Vitter's office declined.

So did former U.S. Sen. Gary Hart, whose run for the presidency was derailed by a sex scandal in 1987 and who became the butt of many of Letterman's jokes. "Big weekend for Gary Hart," cracked Letterman at the time. "He was campaigning his brains out."

Chris Smith, Hart's spokeswoman at the University of Colorado Denver School of Public Affairs, said Hart had no comment.

But South Carolina Gov. Mark Sanford offered Letterman his best wishes. "Both my thoughts and my prayers are with him," Sanford said Tuesday after a speaking engagement.

In June, Sanford disappeared from the state (and his wife) for a five-day rendezvous with an Argentine woman he called his soul mate. Sanford "didn't really enjoy this year's Fourth of July. He left his favourite firecracker in Argentina," Letterman joked soon after.

"There's a lot more introspection and soul-searching on the way down than there is on the way up," said Sanford, who is under investigation by South Carolina's Ethics Commission, in addressing his dilemma as well as Letterman's. "He can be a better person for it."

THE ASSOCIATED PRESS

critics' corner

According to Jim

Ozzie and Harriet are spinning in their graves. And at a nearby gravesite, a funeral is being held for our old friend, the family sitcom — the kind the whole family could watch. Those were the days. These aren't, as evidenced by sitcom episodes such as this, which finds Jim and Cheryl (Jim Belushi, Courtney Thorne-Smith) getting caught engaging in, um, a very adult form of recreation for two on the set of the school Thanksgiving play. School. Thanksgiving. Play. Is nothing sacred? Sheesh. And ewww. 7:30 PM on CMT



Doc Zone

"Canada: Above and Beyond," a four-part series airing on consecutive Thursdays, marks 100 years of aviation in Canada. The opener, "First Flight," remembers the 1909 flight of the Silver Dart from Baddeck Bay, N.S., which started it all. It also profiles a group of retirees who are reconstructing the Silver Dart and checks in with some other Canadians who remember their first experiences in the air. 8 PM on CBRT

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10/08/09	267	351	- ACCESS	Alberta Primetime (Live)	(8:01) Private Practice	FlashForward (HDTV) (N)	Fringe (HDTV) (N)	Primetime			
	243	317	3 CFCN	The Vampire Diaries (N)	(8:01) The Mentalist	CSI: Crime Scene Investgtn.	Grey's Anatomy (N)	CTV News			
	-	-	4 OMNI	The Office	Omni News: S. Asian Edition	Omni News: Cantonese Edition	Two/Half Men	Metropia			
	-	371	5 KKL	4 News at 6	Entertainment The Insider (N)	FlashForward (HDTV) (N)	Grey's Anatomy (N)	Practice			
	245	306	6 CBRT	Wheel-Fortune	Doc Zone "First Flight"	The Border "The Dead"	CBC News: The National	The Hour			
	244	338	7 CICT	ET Canada	90210 (HDTV) (N)	Survivor: Samoa (N)	The Office "Niagara" (N)	News Hour			
	246	-	8 CKAL	Law & Order: SVU	The Jay Leno Show (N)	Community (N) Parks-Recreat	30 Rock	Your City			
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	-	370	16 KHO	News Be-Millionaire	Jeopardy! (N) Wheel-Fortune	Community (N) Parks-Recreat	The Office "Niagara" (N)	Jay Leno Show			
	-	373	22 KAYU	The Office	Two/Half Men	Two/Half Men	Bones (HDTV) (N)	News			
	297	652	37 WPIX	Supernatural (HDTV) (N)	PIX News at Ten Tong.	Two/Half Men	Friends	Family Guy			
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	400	400	21 TSN	2009 World Series of Poker	SportsCentre (HDTV) (Live)	Two/Half Men	Friends	Billiards			
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	552	543	20 YTV	iCarly	Drake & Josh	Family Biz (N)	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family Biz
	557	541	39 FAM	Zoey 101	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School
	555	545	67 TOON	Jimmy Two	Johnny Test	Stoked	Total Drama	Majority Rules	6TEEN	Futurama	King of the Hill
	575	583	11 CMT	According-Jim	Home Improve.	Home Improve.	Karaoke Star "Charlottetown"	Reba	Reba	According-Jim	Blade II
	553	546	17 TREE	Little Bear	Maggie-Beast	Babar	Max & Ruby	Dragon (DVS)	Backyardigans	Ni Hao, Kai-Lan	Go, Diego, Go!
	505	398	19 TWN	(5) EarthWatch One	EarthWatch One	EarthWatch One	EarthWatch One	EarthWatch One	EarthWatch One	EarthWatch One	EarthWatch One
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	521	560	24 TLC	Police Women of Broward	Police Women of Broward	Police Women of Broward	Police Women of Broward	Police Women of Broward	Police Women of Broward	Police Women of Broward	Police Women
cable variety	603	561	25 FOOD	Perfection	Ace of Cakes	Ace of Cakes	Family	Family	Unwrapped	Unwrapped	Perfection
	615	520	26 A&E	The First 48 (HDTV)	The First 48 (HDTV)	The First 48 (HDTV)	Crime 360 (HDTV)	Crime 360 (HDTV)	The Best Years (DVS)	The Best Years (DVS)	The First 48
	617	522	32 SHOW	Trailer Park	Trailer Park	The Outer Limits	Da Vinci's City Hall	Da Vinci's City Hall	The Best Years (DVS)	The Best Years (DVS)	Saving Grace
	601	562	33 SLICE	X-Weighted	X-Weighted "Naomi"	X-Weighted "Naomi"	ET Canada	What Happen?	Biggest Loser Australia	Biggest Loser Australia	Beauty, Geek
	-	633	34 ENCL	For the Moment ** (1993, Romance)	Russell Crowe.	Russell Crowe.	Gunfight in Black Horse Canyon ** (1961)	The Guns of Navarone (1961)			
	520	505	35 DISC	(6) Drain the Ocean	MythBusters	MythBusters	Daily Planet	Daily Planet	Drain the Ocean	Drain the Ocean	Small Back Rm
	620	523	36 BRAVO	Cake (2005, Romance-Comedy)	Heather Graham. (DVS)	Law & Order "Zero"	Law & Order "Zero"	Law & Order "Zero"	Without a Trace	Without a Trace	Small Back Rm
	294	650	40 WPCH	Law & Order: SVU	I Know What You Did Last Summer *	I Know What You Did Last Summer *	Corner Gas	Corner Gas	The Office	I Know What You Did Last	Hot Box
	626	547	41 COM	Just for Laughs	Air Force	22 Minutes	Corner Gas	Corner Gas	The Simpsons	South Park	Wild Boy-Road
	-	539	42 TCM	Sullivan Travel (7:45) Hallelujah, I'm a Bum *** (1933)	Sullivan Travel (7:45) Hallelujah, I'm a Bum *** (1933)	Sullivan Travel (7:45) Hallelujah, I'm a Bum *** (1933)	(9:15) My Man Godfrey *** (1936, Comedy)	(9:15) My Man Godfrey *** (1936, Comedy)	MANswers	GameTrailers	Stripperella
cable variety	628	584	43 SPIKE	TNA Wrestling (HDTV) (N)	TNA Wrestling: Global Impact	TNA Wrestling: Global Impact	MANswers	MANswers	GameTrailers	GameTrailers	Stripperella
	522	516	45 HIST	Underworld Histories	Ice Road Truckers	Ice Road Truckers	Ancient Discoveries	Ancient Discoveries	Underworld Histories	Underworld Histories	After People
	627	528	46 SPACE	Primeval	Eureka (N)	Eureka (N)	InnerSpace (N)	InnerSpace (N)	Sitar Trek: Next Gener.	Sitar Trek: Next Gener.	Sitar Trek: Next Gener.
	-	-	47 AMC	(6) Patton ***** (1970, Biography)	George C. Scott, Karl Malden, Michael Bates.	George C. Scott, Karl Malden, Michael Bates.	Shenandoah *** (1965, War)	Shenandoah *** (1965, War)	ET Canada	TV Made, Do It	Family Guy
	619	525	49 TROP	Bob & Doug	Bob & Doug	Seinfeld	Seinfeld	Seinfeld	Family Guy	Family Guy	Homes-Homes
	600	564	50 HGTV	Family Reno	Disaster DIY	House Hunters	House Hunters	House Hunters	Disaster DIY	Disaster DIY	Disaster DIY
	501	591	52 CTV	CTV News Tonight	CTV News	CTV News	CTV News	CTV News	CTV News	CTV News	CTV News
	504	588	53 BNN	Squeeze Play	Business News	Commodities	Market Call Tonight	Market Call Tonight	Headline	Headline	Squeeze Play
	526	507	92 VIVA	The Closer "Round File"	Da Vinci's Inquest	Da Vinci's Inquest	Psychic Inc.	Psychic Inc.	Judging Amy	Judging Amy	Missing
	269	350	93 APTN	Wopos Bay	By the Rapids	Rez Rides	Moose TV	Moose TV	Crocodile Dundee in Los Angeles * (2001, Comedy)	Crocodile Dundee in Los Angeles * (2001, Comedy)	Fish Out of
cable variety	-	-	94 MCP	World News	News	Banquet	Kingdom-Wind	Vancouver	Dheeyan Ghar	Sadababhar	Connections
	571	584	100 MPM	Wild 'n Out	Wild 'n Out	Kylie Minogue-Homcoming	The Daily Fix	The Daily Fix	Wild 'n Out	Wild 'n Out	Kylie Minogue
	570	580	101 MM	Dance	Dance	Love Court	Instant Star	Instant Star	You Can Dance	You Can Dance	Dance
	581	566	102 MTV	Fantasy Fact.	Beatdown	Nitro Circus (N)	Pranked	MTV News	Fantasy Fact.	Beatdown	Nitro Circus
	-	-	116 TV5	Envoyé spécial	Envoyé spécial	Cité guide	TV5 Le Journal	Vous aurez le dernier mot	Photo suisse	Photo suisse	Photo suisse

Kenya's Style

Kenya Hunt
 Read the blog at metronews.ca/kenyasstyle

For complete online movie listings, trailers, reviews and tickets, visit:
metronews.ca/movies

Last-minute cooking tips before Thanksgiving ...

If turkey is frozen, allow enough time to thaw (5 hours per 500 g/1 lb) in the refrigerator or 1 hour per 500 g (1 lb) when submerged in cold water (refreshed hourly). And be sure to remove the bag of giblets hidden in the turkey before cooking. **THE CANADIAN PRESS**

Urban Foodie

★★★★★ INSPIRED; ★★★★ VERY GOOD; ★★★ PALATABLE; ★★ HO-HUM; ★ NEVER AGAIN

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ANDREE LAU

CalgaryUrbanFoodie@gmail.com

loungeburger
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loungeburger.com

Signature Drink: Beer
Signature Dish: Kobe beef burger
Rating: ★★★★★
Dinner & drinks for 2: \$45

A stone's throw from the Saddledome, loungeburger is smartly capitalizing on the need for quick, tasty meals before and after games and concerts.

Burger lovers will be in

heaven with build-your-own options (\$11 and up) of 14 patties, eight cheeses, six buns, 23 sauces and eight kinds of fries.

The indecisive, like me, are better served with the signature choices. The Kobe beef burger (\$20) is worth the hefty price tag, with a tender wagyu patty, Applewood cheddar and horseradish aioli.

The pretzel bun is a thing of wonder: A glossy dark brown top with a dense, delicious flavour, it doesn't get soggy and to the husband's delight, prevents everything from slipping out the back and sides.

The Alberta slider trio

On the web

• Get recipes and more great food content at metronews.ca/food

(\$11) is a good sampling with 2 oz. AAA beef, elk and bison mini-burgers. The last was particularly juicy, paired with mushrooms and cheddar.

Don't love beef? Loungeburger offers patties of lamb, turkey, Portobello and even tiger shrimp.

Among non-burger offerings, the kitchen turns out a decent tuna tartare (\$13) drizzled with sweet soy sauce.



Alberta slider trio (\$11) with AAA beef, elk, bison mini-burgers.



Kobe beef burger (\$20)

My only beef: the thumpy music is really loud in the restaurant. Let's keep it to the lounge

side, shall we?

PS: If you try the \$40 lounge (wagyu topped with prosciutto-wrapped

lobster and truffle hollandaise sauce), call me from the cardiac department.

Global Peasant blog online

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog.
- Check out metronews.ca/globalpeasant for a recipe of Biscotti with Lemon and Anise Seeds.

**Dining out****AW SHUCKS**

Vero (209-10th St. NW) is offering a dozen free oysters when you buy a bottle of wine on Wednesdays. Or drop by any day for a three-course lunch for only \$15.

PERK UP

Teatro's owner has turned the former Heartland Cafe in Sunnyside (940-2nd Ave. NW) into the Vendome Cafe. Same cozy space, and now featuring paninis and Doi Chaang beans.

In brief

CLASSES The District (607-11th Ave. SW) bistro is holding canning classes Oct. 10, 17, 24 at 11 a.m. \$25 includes wine, cheese plate and two jars. Call 403-233-2433.

LOCALICIOUS WWF-Canada

has teamed up with Calgary restaurants including Catch and River Cafe to showcase fresh, local, sustainable foods in special menus until Oct. 18. Go to wwf.ca and follow the links for the Localicious campaign.

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TOPICS OF INTEREST INCLUDE:
IS IT RATIONAL TO BELIEVE IN A PERSONAL GOD?
FRIDAY, OCTOBER 16, 7:15 PM
EVOLUTION OR CREATION: WHERE DOES THE EVIDENCE POINT?
FRIDAY, OCTOBER 16, 8:15 PM
IS THE BIBLE RELIABLE HISTORY?
SATURDAY, OCTOBER 17, 10:30 AM
IS CHRISTIANITY NARROW AND INTOLERANT?
SATURDAY, OCTOBER 17, 11:30 AM
IF GOD EXISTS, WHY IS THERE SO MUCH EVIL AND HUMAN SUFFERING?
SUNDAY, OCTOBER 18, 11:30 AM
GOOD NEWS BIBLE CHAPEL
MEETING AT
739 20 AVENUE NW
CALGARY, ALBERTA
PHONE (403) 619-2816
goodnewsbiblechapel.org

22 entertainment

Celebrity Buzz

Celebrity tweets

Jamie Kennedy has health concerns of his own, Miley Cyrus is doing great despite what you may have read, and Rivers Cuomo has a handy way to avoid disappointment.

• @jamiakennedy does anyone else feel like they have pig flu, mixed with sars???
• @miley Cyrus I'm the happiest I've ever been & for that my family's SO grateful. So for LAME bloggers that don't know what they're talking about SHUT UP!

• @riverscuomo It's good to be humble. That way you don't feel so bad when you do something stupid.

METRO
WORLD
NEWS

Trouble in paradise for Brangie?

TURNING TO AN EX Brad Pitt allegedly had a secret meeting with Jennifer Aniston in a hotel during a recent trip to New York during which he looked for advice about his reportedly floundering relationship with Angelina Jolie, according to Grazia magazine.



"Brad was unloading his emotional baggage on Jen, which isn't exactly fair considering their history," a source tells the magazine.

"She was quick to tell him she wanted no part in his breakup with Angelina."

METRO NEWS SERVICES

She'll always have Vegas

HO HUM Paris Hilton has grown tired of the L.A. party scene. "I work so much, I have to get up at 6 a.m. every day, so I don't really have time to be going to clubs like I used to," the heiress explains on her Twitter account.

But it's not just the she doesn't have the time. She admits when she does go out,

what's become of the scene leaves her feeling cold. "I went out the other night and it was brutal — I didn't have fun. But Vegas is fun, we always have fun in Vegas."



METRO
NEWS SERVICES

Kelly burns and not in a good way

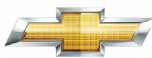
OUCH Kelly Osbourne is furious at a British body spray brand that left her with burn marks all over her body, resulting in a quick wardrobe change for her latest appearance on Dancing with the Stars.



METRO
NEWS
SERVICES

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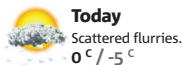
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[†]Whichever comes first, see your dealer for details. [‡]Return between 30-60 days with less than 4,000km. Vehicle usage fee and other restrictions apply. Take retail delivery by 11/30/09. *Chevrolet is a brand of General Motors of Canada, the Official Vehicle Partner of the Vancouver 2010 Olympic and Paralympic Winter Games. TM © 2009, VANOC. Used under Licence.





Today

Scattered flurries.
0°C / -5°C

Friday

Morning clouds.
-3°C / -12°C

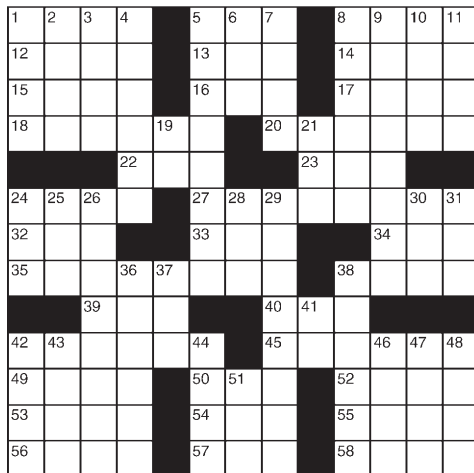
Saturday

Morning clouds.
-2°C / -12°C

Andrew Schultz, Meteorologist — Breakfast Television

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta."

WEEKDAYS AT 6 A.M.



ACROSS

1 Head light
5 Send out invitations
8 Lend or Boesky
12 Warrior of legend
13 Prompt
14 Judicial garb
15 Secular
16 Gorilla
17 Many Louvre pieces
18 Quick mission
20 Jousting weapons
22 Wade opponent
23 Tall tale
24 Bankruptcy cause
27 Jewelry container, maybe
32 Past
33 End for mob or text
34 Sapporo sash
35 Positions for favorable viewing

38 Former mates
39 Total
40 Baltimore newspaper
42 Spur
45 Survivor setting, often
49 Laugh-a-minute
50 Smallest prime
52 Chilled
53 Farm fraction
54 Has the wherewithal
55 Antitoxins
56 Requirement
57 Time card abbr.
58 Helen's home

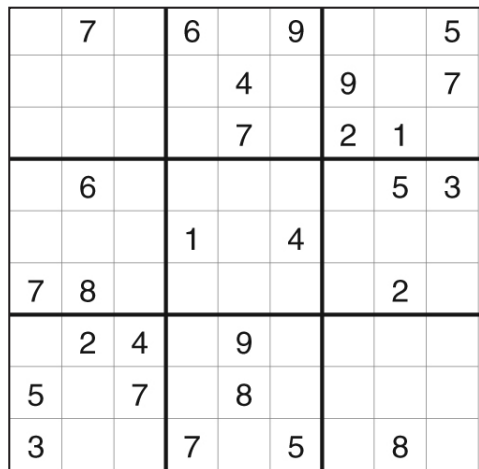
DOWN

1 Robust
2 Open somewhat
3 Den
4 Farm wagon of a sort
5 College life
6 Dine
7 Carina
8 Oddly funny
9 Larynx
10 Competent
11 Capone foe
19 "Just say —"
21 Foreman rival
24 Apply lightly
25 Swelled head
26 Sports-page summary
28 Last (Abbr.)
29 Meetings
30 U.K. award
31 Greek consonants
36 Fit
37 Ambulance worker (Abbr.)
38 Sign up
41 People competitor
42 Persia, now
43 Pleasant
44 Engrave, say
46 Maple genus
47 Infamous lyre player
48 Crucial time
51 Series of skirmishes

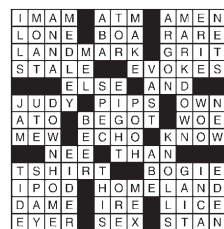
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



6	9	2	3	1	5	7	4	8
3	7	8	4	2	9	6	1	5
1	5	4	8	7	6	2	9	3
4	2	7	5	8	1	9	3	6
8	1	9	7	6	3	5	2	4
5	3	6	9	4	2	8	7	1
9	6	3	1	5	7	4	8	2
7	4	5	2	3	8	1	6	9
2	8	1	6	9	4	3	5	7

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES
MARCH 21-APRIL 20
There's no point blaming yourself for something you couldn't have known was going to happen. So accept that on this occasion you were taken by surprise.



TAURUS
APRIL 21-MAY 21
Pace yourself carefully today because you could easily take on too much and do yourself harm. That applies to both your brain and your body.



LIBRA
SEPT 23-OCT 23
You don't mind working hard but you are under no obligation to work yourself into the ground for others. You've been taken in by sob stories.



SCORPIO
OCT 24-NOV 22
You seem to be under the impression that time is running out and that a mistake you made is now set in stone. That's not true.



GEMINI
MAY 22-JUNE 21
Keep your thoughts to yourself today, especially if you are the kind of Gemini who tends to speak first and contemplate what you've said later, if at all.



SAGITTARIUS
NOV 23-DEC 21
Make sure others know what you're trying to tell them today, because if you get your wires crossed you'll get more than sparks!



CANCER
JUNE 22-JULY 22
The planets warn if you try to do more than one thing at a time you will lose direction, and when you lose direction you lose power too.



CAPRICORN
DEC 22-JAN 20
Listen to what friends say you should do to rectify a negative situation — then do the opposite. What other voices say is irrelevant.



LEO
JULY 23-AUG 23
You could be lulled into a false sense of security about your money situation, making it easier for dishonest types to make a killing at your expense.



AQUARIUS
JAN 21-FEB 18
Be cautious when doing business with people you don't know on a personal level. The planets warn you cannot afford to take risks.



VIRGO
AUG 24-SEPT 22
You may find it difficult to talk to others today but most likely it's only a temporary problem. On the weekend you'll be on the same wavelength again.



PISCES
FEB 19-MARCH 20
Do you read the riot act to someone who's giving you a hard time for no good reason, or do you ignore them? The latter is the better course.



TAKE A BREAK FROM WORK

Visit metronews.ca to watch

metrotube of the day

This day in history

1912: First Balkan War begins: Montenegro declares war against Turkey.
1967: Guerrilla leader Che Guevara and his men are captured in Bolivia.
1969: The opening rally of the Days of Rage occurs, organized by the Weather Underground in Chicago.
1982: Poland bans Solidarity and all trade unions.
2005: Martha Stewart begins her prison sentence after being convicted of securities fraud, obstruction of justice, and conspiracy in the ImClone stock trading case.

METRO NEWS SERVICES

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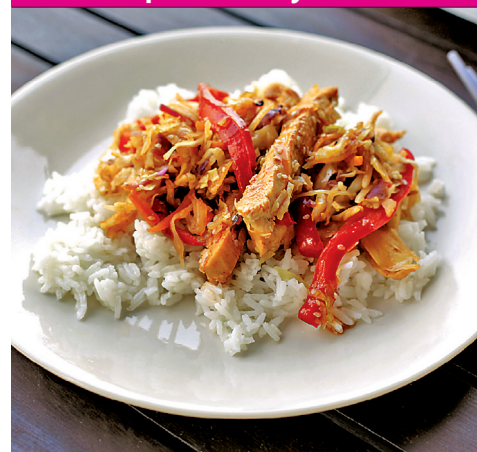
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Metro Recipe of the Day



STEPHEN MCELROY

Spicy Szechuan Pork or Chicken

Submitted by Kyle Longbotham, Summerland, B.C.

INGREDIENTS:

1 lb boneless pork loin (chicken would also work)
1 tbsp oil
1 bag store-bought broccoli or cole slaw, your choice
1 red pepper, julienne style
1/2 cup water
1/2 cup spicy Szechuan sauce (if you don't like it too spicy, only use 1/4 cup)
1 tbsp honey (more if you like it sweeter)
2 cups jasmine rice

METHOD:

1. Cook jasmine rice as the package directs.
2. Slice pork or chicken into strips.
3. Heat oil in heavy skillet or wok. Add broccoli or cole slaw and stir-fry 2-3

minutes until tender. Remove and set aside in a bowl.

4. Add meat to skillet or wok. Stir-fry over medium high heat until browned.
5. Add bell pepper and water. Cover and cook for 4 minutes until pork or chicken is tender.
6. Combine Szechuan sauce and honey. (If you don't like your food too spicy, add equal parts of Szechuan sauce and honey.)
7. Add the broccoli or cole slaw. Cook and stir for 2-3 minutes until hot.
8. Serve over jasmine rice.

SERVES 4

PREP TIME: 5 MINUTES

COOK TIME: 15 MINUTES



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